

## **Prognostic worth of Nrf2/BACH1/HO-1 signals in the development of breast cancer**

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### **Abstract**

Nrf2/ BACH1/ HO-1 signals have been implicated in the development and progression of tumors. However, there has been no comprehensive analysis of their expressions in breast cancer. This study evaluated Nrf2/ BACH1/ HO-1 signals expression and its clinical significance in breast cancer.

114 female breast cancer of different pathologic parameters and non-cancerous tissues were evaluated for Nrf2/ BACH1/ HO-1 signals expression using immunohistochemistry and western blot. The relationship connecting Nrf2/ BACH1/ HO-1 expression and clinicopathologic factors were assessed using the chi-square test.

Nrf2 protein in cancerous tissues (74%) was significantly higher than in the non-cancerous tissues (43%  $p < 0.002$ ), BACH1 expression in cancerous tissues (61%) was significantly lower than that of non-cancerous tissues (20%  $p < 0.031$ ) and HO-1 protein expression in cancerous tissues (67%) was highly significant than in the non-cancerous tissues (17%  $p < 0.001$ ). The expressions of Nrf2 and HO-1 significantly correlated with tumor grade whilst BACH1 was significantly associated with tumor stage ( $p < 0.05$ ).

Nrf2, BACH1 and HO-1 play key roles in the growth and development of breast cancer and can serve as probable biological markers for breast cancer diagnosis, prognosis as well as therapeutic targets.

**Keywords:** Breast cancer, Nrf2, BACH1, HO-1, Tumor grade, Tumor stage